



Come to Work Symptom Free

AS YOUR TRUSTED HEALTHCARE PROVIDER, WE ARE HERE TO HELP you every step of the way. Please **call ahead** before visiting your clinic.

| SYMPTOM | COVID-19 | COMMON COLD | FLU | ALLERGIES |
|---|-----------|-------------|------------|-----------|
| Fever | Common | Rare | Common | Sometimes |
| Dry cough | Common | Mild | Common | Sometimes |
| Shortness of breath | Common | No | No | Common |
| Headaches | Sometimes | Rare | Common | Sometimes |
| Aches & pains | Sometimes | Common | Common | No |
| Sore throat | Sometimes | Common | Common | No |
| Fatigue | Sometimes | Sometimes | Common | Sometimes |
| Diarrhea <small>*sometimes for children</small> | Rare | No | Sometimes* | No |
| Runny nose | Rare | Common | Sometimes | Common |
| Sneezing | No | Common | No | Common |

Don't spread germs at work. If you are sick, stay home, rest and feel better.

Wash your hands often with soap and water for at least 20 seconds.



Avoid touching your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces.

